Steps for Recovery from an Affair

Regional Headquarters Materials – Vicki Smyer

- 1. Decision to recommit or not to the marriage
- 2. All contact with third party is ended (assuming recommitment is made)
- 3. Repentance forgiveness and accountability stage

(both unfaithful spouse and injured spouse)

 Focus on meeting each other's needs – to rekindle love and to prevent a recurrence.